

## Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Side Dish</b>									
Red Bean Lotus Seed/Red Bean Black Glutinous Rice*	\$1.50	Barley Gingko*	\$1.50	Green Bean Millet*	\$1.50	Soya Oat Milk*/Non-dairy Mushroom Soup & Muesli*	\$1.50	Five Element Porridge*/Others	\$1.50
<b>Sandwich</b>									
Fresh Green	\$2 \$2.20	Fresh Green	\$2 \$2.20	Fresh Green	\$2 \$2.20	Fresh Green	\$2 \$2.20	Fresh Green	\$2 \$2.20
Non-dairy Cheese	\$2.00	Non-dairy Cheese	\$2.00	Non-dairy Cheese	\$2.00	Non-dairy Cheese	\$2.00	Non-dairy Cheese	\$2.00
Grilled Tofu*	\$4.00	Grilled Tofu*	\$4.00	Grilled Tofu*	\$4.00	Grilled Tofu*	\$4.00	Grilled Tofu*	\$4.00
<b>Main</b>									
Brown Rice Set*	\$4.00	Eight Treasure Brown Rice*/Pumpkin Chinese Yam Rice*/Pumpkin Curry Brown Rice*/Yam Rice*	\$4.00	Brown Rice Set*	\$4.00	Brown Rice w/ Gravy*/Vegetable Brown Rice*/Brown Rice Set*	\$4.00	Thunder Tea Brown Rice*/Korean Mixed Rice*	\$4.00
Pumpkin Millet Porridge*	\$2.00/ \$3.50	Vegetarian Fish Porridge*	\$3.50			Organic Brown Rice Bee Hoon*	\$4.50	Brown Rice Porridge*	\$2.00/ \$3.50
Cold Noodle	\$3.50	Soup Noodle	\$3.50	Vegetarian Bah Kut Teh Noodle/Vegetable Soup Noodle	\$3.20 \$3.50	Yummy Soup Noodle*/Lor Mee*	\$3.20 \$4.00	Fried Noodle/ Soup Noodle/ Others	\$3.50
		Fried Noodle	\$2.50	Fried Bee Hoon/ Others	\$2.20 \$3.50				
<b>Side</b>									
Steamed Bun*	\$0.70- 0.90	Steamed Bun*	\$0.70- 0.90	Steamed Bun*	\$0.70- 0.90	Steamed Bun*	\$0.70- 0.90	Steamed Bun*	\$0.70- 0.90
Eggless Banana Cake, Prune Cake, etc*	\$1 - \$1.50	Eggless Banana Cake, Prune Cake, etc*	\$1 - \$1.50	Eggless Banana Cake, Swiss Roll, Prune Cake, etc*	\$1 - \$1.50	Eggless Banana Cake, Prune Cake, etc*	\$1 - \$1.50	Eggless Banana Cake, Prune Cake, etc*	\$1 - \$1.50
Quality Bun/Bread*	\$1.60- \$4.50	Quality Bun/Bread*	\$1.60- \$4.50	Quality Bun/Bread*	\$1.60- \$4.50	Quality Bun/Bread*	\$1.60- \$4.50	Quality Bun/Bread*	\$1.60- \$4.50
<b>Others</b>									
Steamed Tapioca Cake, Eggless Banana Cake, Home-made Steamed Carrot/Yam Cake,, Coral Weed Jelly, Wholemeal Burger									

\* Contains organic ingredients \*\* menu is subjected to change, pls call to confirm

Free delivery - conditions apply, for delivery between 12pm - 1.30pm, please allow possible delay of 15mins

We welcome bulk order of mini sandwich, carrot cake, glutinous rice, fruit truffles, fruit candy, etc



50 Market Street., Golden Shoe Carpark, Market Street Food Centre, #03-24  
9238 5680

7.30am - 3.30pm (approximately)

## 菜单

星期一		星期二		星期三		星期四		星期五	
<b>小品</b>									
红豆莲子粥*/ 红豆黑糯米*	\$1.50	糙米意米白果粥*	\$1.50	绿豆小米粥*	\$1.50	豆奶燕麦粥*/无奶 油鲜菇汤与麦果 泥	\$1.50	五品粥*/其他	\$1.50
<b>三文治</b>									
生鲜	\$2 \$2.20	生鲜	\$2 \$2.20	生鲜	\$2 \$2.20	生鲜	\$2 \$2.20	生鲜	\$2 \$2.20
无奶油乳酪	\$2.00	无奶油乳酪	\$2.00	无奶油乳酪	\$2.00	无奶油乳酪	\$2.00	无奶油乳酪	\$2.00
香烤豆腐*	\$4.00	香烤豆腐*	\$4.00	香烤豆腐*	\$4.00	香烤豆腐*	\$4.00	香烤豆腐*	\$4.00
<b>主食</b>									
糙米套餐*	\$4.00	糙米八宝饭*/南 瓜淮山饭*/南瓜 咖喱饭*/糙米卤 饭*	\$4.00	糙米套餐*	\$4.00	糙米烩饭*/蔬菜焖 饭*/糙米套餐*	\$4.00	糙米擂茶饭*/韩式 拌饭*/糙米套餐*	\$4.00
南瓜小米粥*	\$2.00/ \$3.50	糙米素鱼粥*	\$3.50			有机糙米米粉*	\$4.50	糙米八宝粥*	\$2.00/ \$3.50
凉面*	\$3.50	蔬菜面汤*	\$3.50	素肉骨茶面/米粉 /面汤	\$3.20 \$3.50	芋头米粉汤*/ 糙米卤面*	\$3.20 \$4.00	煮炒/面汤/其他	\$3.50
		炒面	\$2.50	炒米粉/其他	\$2.20/ \$3.50				
<b>小吃</b>									
蒸馒头*	\$0.70- \$0.90	蒸馒头*	\$0.70- \$0.90	蒸馒头*	\$0.70- \$0.90	蒸馒头*	\$0.70- \$0.90	蒸馒头*	\$0.70- \$0.90
无蛋香蕉蛋糕, 糙 米小圈圈, 其他*	\$1- \$1.90	无蛋香蕉蛋糕, 糙米小圈圈, 其 他*	\$1- \$1.90	无蛋香蕉蛋糕, 糙米小圈圈, 其 他*	\$1- \$1.90	无蛋香蕉蛋糕, 糙米小圈圈, 其 他*	\$1- \$1.90	无蛋香蕉蛋糕, 糙 米小圈圈, 其他*	\$1- \$1.90
优质面包/馒头*	\$1.60- \$4.50	优质面包/馒头*	\$1.60- \$4.50	优质面包/馒头*	\$1.60- \$4.50	优质面包/馒头*	\$1.60- \$4.50	优质面包/馒头*	\$1.60- \$4.50
<b>其他</b>									
木薯蒸糕, 无蛋香蕉蛋糕, 萝卜蒸糕, 天然珊瑚草果冻, 全麦汉堡包									

\*含有机材料\*\*菜单或有更改, 请来电询问



**马吉街熟食中心, #03-24**

**9238 5680**

营业时间: 早上7.30 - 下午3.30 (大约)

## 亲爱的顾客：

为了响应环保，我们鼓励大家自备餐具来打包，我们将不另收打包的费用(2角钱),以示谢意。

我们也可以免费为您订购环保餐具如环保筷子和汤匙。

同时，我们也会尝试使用一些比较环保的包装材料和清洁剂，希望您能给我们意见。

希望您能继续支持我们，谢谢！

## **Dear Customers,**

To help save the environment, we encourage the use of self-supplied lunch boxes and cutlery for takeaways. We are charging an additional \$0.20 for every disposable packaging box used.

We can help you to order environmental friendly cutlery at no additional charge.

Meanwhile, we are experimenting on more environmental friendly packaging and detergents. Your suggestions with regards to saving the environment are most welcome.

We hope you can continue to support us. Thank You!

**My Vegetarian Way 素食乐**

last update 13 Aug  
2011